

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Theo Lemmer**

Has successfully participated & completed the

**10km Forest Hill City Summer Run**

held at Stellenbosch.

**TIME 01:09:09**

**PACE 06:54/km**

**GENDER 98 of 157**

**OVERALL 148 of 287**

**50+ 14 of 20**

04 December 2016, Sun

Date



*BoutTime*

Signature

